当代中餐
FOREST 森 由新加坡名厨梁兆基与圣淘沙名胜世界携手打造，以其精彩的现场烹饪引起了一波又一波的轰动。名厨梁兆基与总厨朱鈱隆 (CHEF TONY CHOO) 联手，打破传统，以大胆手法演绎当代中餐新主张。这是一个不容错过的精致用餐体验，FOREST 森 真正重塑了中式精致美食艺术。

在独具特色的“剧场厨房”，食客可以一览无余地观看厨师制作美食杰作的全过程。与其他中餐馆不同的是，厨师兆基采用西餐的服务和上菜方式。强烈推荐其8道菜或10道菜的套餐菜单，每道菜都比前一道菜显得更为大胆创新。

CONTEMPORARY CHINESE DINING
Famous local celebrity chef Sam Leong is making waves on the culinary scene at his first-ever restaurant in partnership with Resorts World Sentosa. Together with Chef Tony Choo, they break out of traditions and take bold steps to reinvent contemporary Chinese cuisine. An exquisite dining experience not to be missed, FOREST 森 truly redefines the art of Chinese fine dining.

Featuring our distinctive "theatre kitchen", diners get to enjoy an unobstructed view of the chefs as they create their masterpieces. Unique to any Chinese restaurant, Chef Leong takes a western approach towards the service and presentation of his dishes. We strongly recommend his innovative 8-course or 10-course Discovery Menu, which gets bolder with every course.
“森” 精美套餐
3 COURSE EXECUTIVE SET MENU

椒盐软壳蟹沙拉米卷
Crispy Soft Shell Crab
Served with Rice Roll Salad, Salt and Pepper with Spicy Dressing

XO酱鱼片面薄
Seabass Fillet Mee Pok
Braised with Homemade XO Chilies and Served with Vegetable

“森”精选甜品
FOREST’s Delight

Food Only: SGD $ 38++ PER PERSON / 每位

Prices are subject to 10% service charge and prevailing government taxes
Menu is subjected to change without prior notice
“森” 经典套餐
4 COURSE SUPERIOR SET MENU

香辣咸蛋黄虾配竹笋沙拉
Spicy Salted Egg Yolk Prawns
Crisp-fried served with Water Bamboo Salad

火焰黑菌酱烧骨
Primrose Pork Ribs
Grilled; in Honey Soya with Black Truffles and Vegetables

海鲜水饺拉面
Seafood Dumpling La Mian
Served with Crispy Fish Skin and Vegetables in Superior Chicken Broth

“森”精选甜品
FOREST’s Delight

Food Only: SGD $ 58++ PER PERSON / 每位

Prices are subject to 10% service charge and prevailing government taxes
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“森” 体验套餐
CHEF TASTING SET MENU

雪梨鲜菌海螺炖山鸡汤
Kampong Chicken Soup
Double-boiled with Snow Pear, Sea Whelk, Mushroom and Almond Seeds

南乳蒜香骨
Primrose Pork Ribs
Wok-fried with Crispy Garlic with Marinated Fermented Beancurd Paste

海鲜竹碳炒鱼茸面
Charcoal Fish Noodle
Stir-fried with Assorted Seafood and Chives in Homemade Spicy Sauce

“森”精选甜品
FOREST’s Delight

Food Only: SGD $ 59++ PER PERSON / 每位

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“森”品味精选套餐
5 COURSE CLASSIC SET MENU

蜜汁酥银鱼香菇沙拉
Silver Whitebait Salad
Deep-fried tossed with Spicy Honey and Roasted Sesame Seed;
Accompanied with Pan-seared Mushroom Salad Green in Yuzu Dressing

蟹肉金菇菠菜羹配脆面包
Crab Meat Spinach Bisque
Served with Enoki Mushroom and Crispy Bread

黑椒酱爆牛柳粒伴鹅肝
Australian Beef Tenderloin Cube
Wok-fried with Onion, Bell Pepper and Garlic in flavor of Black Pepper Sauce;
Accompanied with Seared Foie Gras in Yuzu Soya Sauce

龙虾蛤蜊白米粉
Green Lobster
Braised; with Clams in Superior Stock
Served with Rice Vermicelli and Vegetables

“森”精选甜品
FOREST’s Delight

Food Only: SGD $ 88++ PER PERSON / 每位

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开胃菜 **APPETIZER**  

香煎法国鹅肝, 柚子汁芒果沙律  
**French Foie Gras**  
Pan Seared; served with Mango Salad in Yuzu Sauce  

泰式红咖喱焗阿拉斯加蟹腿  
**Alaska Crab**  
Baked In Thai Red Curry Sauce and Cheese with Crispy Garlic

<table>
<thead>
<tr>
<th>餐品</th>
<th>价格</th>
<th>说明</th>
</tr>
</thead>
<tbody>
<tr>
<td>香煎法国鹅肝, 柚子汁芒果沙律</td>
<td>$38</td>
<td>Pan Seared; served with Mango Salad in Yuzu Sauce</td>
</tr>
<tr>
<td>泰式红咖喱焗阿拉斯加蟹腿</td>
<td>$38</td>
<td>Baked In Thai Red Curry Sauce and Cheese with Crispy Garlic</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>得月式卤肘子冻</th>
<th>$28</th>
<th>Chilled Collagen Pork Knuckle</th>
</tr>
</thead>
<tbody>
<tr>
<td>得月式卤肘子冻</td>
<td>$28</td>
<td>Braised with Soya in “TeoChew” Style</td>
</tr>
<tr>
<td>冻蟹酸菜脆盏</td>
<td>$28</td>
<td>Cold Crab Meat</td>
</tr>
<tr>
<td>冻蟹酸菜脆盏</td>
<td>$28</td>
<td>Served with Pickles Salad in Crispy Pastry Cup</td>
</tr>
<tr>
<td>竹叶青梢棒鸡</td>
<td>$18</td>
<td><strong>Peppercorns Shredded Chicken Salad</strong></td>
</tr>
<tr>
<td>竹叶青梢棒鸡</td>
<td>$18</td>
<td>Chilled; served with Mustard Cabbage and Bamboo Wine in Sesame Spicy Dressing</td>
</tr>
<tr>
<td>串串生蚝</td>
<td>$38</td>
<td><strong>Hokkaido Scallop</strong></td>
</tr>
<tr>
<td>串串生蚝</td>
<td>$38</td>
<td>Pan-seared with Herbs and Spices; coated with Bacon</td>
</tr>
<tr>
<td>蜜汁鱼渔香</td>
<td>$28</td>
<td><strong>Fish Skin and Silver Whitebait</strong></td>
</tr>
<tr>
<td>蜜汁鱼渔香</td>
<td>$28</td>
<td>Deep-fried tossed with Spicy Honey and Roasted Sesame Seed</td>
</tr>
<tr>
<td>椒盐软壳蟹沙拉米卷</td>
<td>$30</td>
<td><strong>Crispy Soft Shell Crab</strong></td>
</tr>
<tr>
<td>椒盐软壳蟹沙拉米卷</td>
<td>$30</td>
<td>Served with Rice Roll Salad, Salt and Pepper with Spicy Dressing</td>
</tr>
</tbody>
</table>

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顶级海味/汤 Sea Treasure/Soup

宫廷满坛香
（鲍鱼仔，花胶，海参，干贝，花菇）
*Imperial Soup*
Double-boiled with Abalone, Fish Maw, Sea Cucumber, Dried Scallops and Mushroom in Supreme Stock

$108

宫廷燕窝蟹钳汤
*Imperial Bird’s Nest Soup*
Braised with Crab Claw and Roe in Superior Chicken Stock

$98

羊肚菌竹笙炖浓鸡汤
*Milky Chicken Broth*
Chef Sam Leong’s Special Recipe
Double-boiled with Morel Mushroom and Wild Bamboo Pith
Served in Thai Coconut

$42

椰盅海皇汤
（花胶丝，海参丝，蟹肉，干贝丝）
*Four Treasures Soup*
Braised in Superior Chicken Stock with Fish Maw, Sea Cucumber, Crabmeat, Hokkaido Dried Scallop served in Thai Coconut

$48

鲜淮山海螺炖走地鸡汤
*Chicken Soup*
Double-boiled with Sea Whelks and Chinese Yam

$32

雪燕阿拉斯加蟹肉金瓜羹
*Pumpkin Bisque*
Braised with Snow Swallow and Crab Meat

$30

帝皇虾丸酸辣清汤
*Prawn Ball Hot and Sour Clear Soup*
Flavored with Mushroom, Beansprout and Coriander

$28

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海鲜精选  SEAFOOD SELECTION

红烧10头澳洲干网鲍
10 Head Supreme Australian Dried Abalone
Slow-cooked for 8 hours in Superior Chicken Stock
Served with Abalone Sauce and Truffle Oil
Accompanied with Sautéed Vegetables

$488

盐焗黑菌鲍鱼伴鸡腿菇时蔬
6 Head Abalone
Oven Baked with Black Truffle Sauce in Salt Crust
Accompanied with King Oyster Mushroom and Seasonal Vegetable

$48

新加坡辣椒龙虾
Fresh Green Lobster
Wok-braised with Chilies in Singapore Style

$68

上汤蒜香牛油龙虾
Fresh Green Lobster
Wok-braised with Butter and Garlic in Superior Stock

$68

姜汁鲜奶滑龙虾球
Boston Lobster
Stir-fried Lobster in Chive Sauce;
Served with Steamed Ginger Egg White Custard

$48

酒糟锅粑大虾皇
King Prawn
Wok-fried with Minced Pork in Homemade Spicy Sauce and Rice Wine
Served with Rice Cracker

$42

总厨海中宝
Ocean Scallop and Prawn
Wok-fried with Asparagus and Gingko Nuts

$38
### 海鲜精选  SEAFOOD SELECTION

<table>
<thead>
<tr>
<th>Dish</th>
<th>Price</th>
</tr>
</thead>
</table>
| 清酒焗鳕鱼  
New Zealand Cod Fillet  
Oven Baked at 160 °C for 10 minutes; Served with Sake Sauce | $42   |
| 腊豆烧金目卢  
Seabass Fillet  
Braised with Salty Bean and Chilies | $28   |
| 红斑  
Red Grouper | $48   |
| 筱壳鱼  
Marble Globy Fillet | $38   |

(煮法：酱椒蒸，古法蒸，潮州蒸，豆豉蒸，清蒸，油炸)  
(Cooking Methods: Steamed with Fermented Chilies, Steamed Cantonese Style, Steamed “TeoChew” Style, Steamed Black Bean “Hakka” Style, Steamed Soya Ginger Scallion, Deep-fried)

### 蔬菜  VEGETABLE

<table>
<thead>
<tr>
<th>Dish</th>
<th>Price</th>
</tr>
</thead>
</table>
| 三黄蛋灼白菜苗  
Milky Mustard Cabbage  
Poached with Century Egg, Salted Egg and Egg White | $18   |
| 蒜茸炒时蔬  
Seasonal Vegetable  
Stir-fried with Garlic | $18   |
| 干贝扒时蔬  
Seasonal Vegetable  
Topped with Dried Scallops | $20   |
| 脆贝松菇扒竹炭豆腐  
Homemade Tofu  
Braised with Pumpkin Sauce  
Topped with Deep-fried Hokkaido Dried Scallops and Honshimeji Mushrooms | $20   |

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<table>
<thead>
<tr>
<th>肉类精选 MEAT SELECTION</th>
<th>PRICE / PER PERSON</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>炭烧特级鹿儿岛和牛伴鹅肝</strong>&lt;br&gt;<strong>Kagoshima Wagyu Striploin</strong>&lt;br&gt;Charcoal Grilled and served with Sautéed assorted Mushrooms&lt;br&gt;Topped with Seared Foie Gras in Black Pepper Sauce</td>
<td>$82</td>
</tr>
<tr>
<td><strong>黑椒酱爆牛柳粒伴鹅肝</strong>&lt;br&gt;<strong>Australian Beef Tenderloin Cubes</strong>&lt;br&gt;Wok-fried with Onion, Bell Pepper &amp; Garlic in flavor of Black Pepper Sauce;&lt;br&gt;Accompanied with Seared Foie Gras in Yuzu Soya Sauce</td>
<td>$35</td>
</tr>
<tr>
<td><strong>焖烤和牛腱</strong>&lt;br&gt;<strong>Wagyu Beef Shank</strong>&lt;br&gt;Roasted in 180°C Deglazed in Veal Reduction;&lt;br&gt;Slow-cooked with Spices and Herbs</td>
<td>$68</td>
</tr>
<tr>
<td><strong>香茅焗澳洲羊排配怪味汁</strong>&lt;br&gt;<strong>Australian Lamb Chop</strong>&lt;br&gt;Charcoal Grilled; Marinated in flavor of Lemongrass&lt;br&gt;Served with Fermented Bean Spicy Dressing</td>
<td>$38</td>
</tr>
<tr>
<td><strong>红酒酥春鸡</strong>&lt;br&gt;<strong>Roasted Spring Chicken</strong>&lt;br&gt;Charcoal Grilled; Marinated with Special Spice and Red Wine&lt;br&gt;Served with Mango Salad</td>
<td>$31</td>
</tr>
<tr>
<td><strong>芝麻百花鸡</strong>&lt;br&gt;<strong>Sesame Chicken Skin</strong>&lt;br&gt;Fried with Pickles Roulade coated with Sesame and Stuffed with Prawn Paste</td>
<td>$32</td>
</tr>
<tr>
<td><strong>火焰黑菌酱烧骨</strong>&lt;br&gt;<strong>Primrose Pork Ribs</strong>&lt;br&gt;Grilled; in Honey Soya with Black Truffles and Vegetables</td>
<td>$32</td>
</tr>
<tr>
<td><strong>南乳蒜香骨</strong>&lt;br&gt;<strong>Primrose Pork Ribs</strong>&lt;br&gt;Wok-fried with Crispy Garlic with Marinated Fermented Beancurd Paste</td>
<td>$32</td>
</tr>
</tbody>
</table>

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### 饭和面类  RICE AND NOODLE

<table>
<thead>
<tr>
<th>Name</th>
<th>Price / Per Person</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>蟹钳麻婆豆腐蒸饭</strong>  煎</td>
<td>$40</td>
</tr>
<tr>
<td><strong>Mapo Tofu and Crabmeat with Japanese Pearl Rice</strong></td>
<td></td>
</tr>
<tr>
<td>Wok-fried with Traditional Szechuan Chili Sauce</td>
<td></td>
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<tr>
<td>Topped with Sri Lanka Crab Claw</td>
<td></td>
</tr>
<tr>
<td><strong>特级鹿儿岛和牛干炒河粉</strong> 煎</td>
<td>$26</td>
</tr>
<tr>
<td><strong>Flat Rice Noodle</strong></td>
<td></td>
</tr>
<tr>
<td>Wok-fried with sliced Kagoshima Wagyu Striploin</td>
<td></td>
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<tr>
<td>Beansprout, Yellow Chive, Red Chilli and Onion</td>
<td></td>
</tr>
<tr>
<td><strong>X.O.酱北海道带子干炒鱼茸面</strong> 煎</td>
<td>$24</td>
</tr>
<tr>
<td><strong>Fish Noodle</strong></td>
<td></td>
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<tr>
<td>Stir-fried in Signature Homemade X.O. Chili Sauce</td>
<td></td>
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<tr>
<td>Accompanied with Hokkaido King Scallop</td>
<td></td>
</tr>
<tr>
<td><strong>寒香八仙炒饭</strong></td>
<td>$32</td>
</tr>
<tr>
<td><strong>Fragrant Rice</strong></td>
<td></td>
</tr>
<tr>
<td>Wok-fried with Diced Barbequed Pork, Prawns, Crab Meat,</td>
<td></td>
</tr>
<tr>
<td>Assorted Vegetables and Bonito Flakes in Abalone Sauce</td>
<td></td>
</tr>
<tr>
<td><strong>香米海鲜泡饭</strong></td>
<td>$28</td>
</tr>
<tr>
<td><strong>Seafood Rice</strong></td>
<td></td>
</tr>
<tr>
<td>Stewed with Assorted Seafood, Snow Pickles in Superior Stock</td>
<td></td>
</tr>
<tr>
<td><strong>虾米腊肠鸡粒炒饭, 香酥英国咸鱼</strong> 煎</td>
<td>$20</td>
</tr>
<tr>
<td><strong>Chicken Japanese Pearl Rice</strong></td>
<td></td>
</tr>
<tr>
<td>Wok-fried with Dried Shrimp and X.O Chinese Sausage</td>
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</tr>
<tr>
<td>Topped with Crispy Anchovy</td>
<td></td>
</tr>
<tr>
<td><strong>黄酒虾球米粉汤</strong></td>
<td>$22</td>
</tr>
<tr>
<td><strong>Tiger Prawn Rice Vermicelli</strong></td>
<td></td>
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<tr>
<td>Served with Chinese Wine in Superior Chicken Broth</td>
<td></td>
</tr>
<tr>
<td><strong>姜葱膏虾焖伊面</strong></td>
<td>$26</td>
</tr>
<tr>
<td><strong>King Prawn Ee-Fu Noodle</strong></td>
<td></td>
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<tr>
<td>Braised with Ginger and Spring Onion</td>
<td></td>
</tr>
<tr>
<td><strong>火鸭丝雪菜焖米粉</strong></td>
<td>$20</td>
</tr>
<tr>
<td><strong>Rice Vermicelli</strong></td>
<td></td>
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<tr>
<td>Braised; with Shredded Barbecued Duck and Preserved Vegetables</td>
<td></td>
</tr>
</tbody>
</table>

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甜点 DESSERT

冻花炖官燕
Imperial Bird Nest
Double-boiled with Rock Sugar and Served in Thai Coconut
$88

海底椰芦荟椰汁冻
Chilled Coconut Jello
Home-made Fresh Coconut Juice Jello
Served with Aloe Vera and Sea Coconut topped with Popping Candy
$22

杨枝甘露拼香草冰淇淋
Mango Pomelo Sago
Home-made Mango Cream with Frozen Pomelo
Topped with Vanilla Ice cream
$15

泰国椰子奶皇糕拼绿茶意式雪糕
Crispy Thai Coconut Warm Custard
Served with Green Tea Gelato
$15

椰盅泡参福果炖雪燕（热或冷）
Snow Swallow (Hot Or Cold)
Double-boiled with Korean Ginseng and Gingko’s Nuts
Served in Whole Coconut
$22

黑芝麻雪糕
Black Sesame Ice Cream
Two Scoops of Served with Mixed Fruits, Honey Palm Seeds and Roasted Peanut
$12

巧克力雪糕
Chocolate Ice Cream
Two Scoops of Served with Mixed Fruits, Honey Palm Seeds and Roasted Peanut
$12

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