



BODHI

WELLNESS | SPA | RETREAT

SPA MENU

## FACIALS

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### HYDRATE RENEWAL FACIAL\*

60 MIN | S\$290+

*Best for hydration* | A Sodashi facial to deeply hydrate and nourish the skin.

### THERMAL LUMINOSITY FACIAL\*

90 MIN | S\$480+

*Best for firming and plumping* | A Sodashi facial with thermal mask to plump, firm and smooth.

## MASSAGE

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### BODHI HEAD MASSAGE\*

60 MIN | S\$240+

Dissolve stress, fatigue and tension from head, face, neck and shoulders.

### BODHI RELAX MASSAGE

60 MIN | S\$250+ / 90 MIN | S\$330+

A luxurious Swedish-style massage using light to medium pressure.

### BODHI TENSION RELEASE MASSAGE

60 MIN | S\$260+ / 90 MIN | S\$350+

An invigorating massage to melt away deep-seated tension.

### BODHI PREGNANCY MASSAGE\*

60 MIN | S\$260+ / 90 MIN | S\$350+

A deeply nurturing massage to alleviate tension, heaviness and swelling.

### REFLEXOLOGY

60 MIN | S\$240+

A complementary therapy that uses gentle pressure on specific points of the feet to enhance wellbeing.

All prices are in Singapore dollars, subject to 10% service charge.

## WELLNESS THERAPIES

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### BODHI SALT SCRUB

60 MIN | S\$280+

Himalayan Salts – strong exfoliant.  
Vanilla & Sandalwood\* – gentle exfoliant.

### CONTOUR + DETOX BODY WRAP

90 MIN | S\$380+

Anti-cellulite and detoxifying, a lymphatic boosting salt scrub is followed by a warm mineral-rich clay mask and soothing scalp massage.

## BIO-WELLNESS

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### RECOVERY RED LIGHT POD

20 MIN | S\$120+

Full-body light therapy for cellular regeneration, workout recovery, improved sleep and stress reduction.

### RECOVERY RED LIGHT POD SERIES

3 x 20 MIN | S\$300+

### ZEROBODY DRY FLOAT\*

20 MIN | S\$120+

Deeply restorative weightless floating, with acoustic meditation, to reduce stress and muscle pain, improve sleep, boost immunity and aid jet lag recovery.

### ZEROBODY DRY FLOAT SERIES\*

3 x 20 MIN | S\$300+

BODHI Spa, The Laurus

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## SPA JOURNEYS

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### BODHI PREGNANCY RETREAT\*

ALLOW 2 HOURS | S\$580+

BODHI Pregnancy Massage + Sodashi Hydrate Renewal Facial + KNESKO Collagen Foot Mask.

### BODHI ESCAPE

ALLOW 2 HOURS + 30 MIN | S\$680+

BODHI Relax Massage + Sodashi Hydrate Renewal Facial + Scalp Massage and Hair Treatment.

## ENHANCEMENTS

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GUA SHA FACIAL MASSAGE\* | 20 MIN | S\$110+

SAMADARA AGE-DEFYING FORMULATIONS\*

| S\$100+

KNESKO COLLAGEN MASKS\* | Ask in spa for details.

BACK MASSAGE | 30 MIN | S\$160+

REFLEXOLOGY | 30 MIN | S\$150+

INSTANT GLOW FACIAL\* | 30 MIN | S\$180+

SCALP MASSAGE + LEAVE-IN HAIR

TREATMENT\* | 30 MIN | S\$160+

RECOVERY RED LIGHT POD | 20 MIN | S\$90+

ZEROBODY DRY FLOAT\* | 20 MIN | S\$90+

WARM ROCKS | S\$50+

VIP SUITE | S\$50+ PER PERSON

\*Pregnancy safe.



**BODHI**

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